

## A Message from RDA HQ

### Online Training

Don't forget that while volunteers, staff or participants are not able to access your group, there are plenty of on-line training opportunities. As well as the RDA e-learning [www.rda-learning.org.uk](http://www.rda-learning.org.uk) there are some good courses externally.

The only free courses we are aware of are on the FEI campus – this includes diverse subjects such as horsemanship, equine physiology and anatomy as well as on the rules of the different FEI sports <https://campus.fei.org/>. You can also watch fei.tv for free now <https://tv.fei.org/home> until July if you want to catch up on any filmed FEI events.

British Dressage also has a horse care online learning system which costs £5 per course [www.britishdressage.co.uk/get-involved/bd-youth/british-dressage-horse-care/](http://www.britishdressage.co.uk/get-involved/bd-youth/british-dressage-horse-care/)

If you wanted to do something that went beyond equine studies, there is good information about classification for disabled sports people on the BPA website <https://paralympics.org.uk/footer-pages/classification>

We would also highly recommend UK Coaching resources [www.ukcoaching.org/](http://www.ukcoaching.org/) – many of the formal courses you have to pay for or be a subscribed member which also requires a payment but there are also lots of videos, blogs, articles etc on this website that are free. UK coaching provides resources for the widest definition of 'coach' so those that help, volunteer etc, not necessarily just those with a formal coaching qualification.

For wider activities, the Open University offers a lot of free courses, the full list is here: [www.open.edu/openlearn/free-courses/full-catalogue](http://www.open.edu/openlearn/free-courses/full-catalogue) This includes communication and working relationships in sport and fitness [www.open.edu/openlearn/health-sports-psychology/communication-and-working-relationships-sport-and-fitness/content-section-overview?active-tab=description-tab](http://www.open.edu/openlearn/health-sports-psychology/communication-and-working-relationships-sport-and-fitness/content-section-overview?active-tab=description-tab)

And coaching others to coach [www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview?active-tab=description-tab](http://www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview?active-tab=description-tab)